

Great Turkey Invitational

hosted by
Ocean County YMCA

Held under the approval of USA Swimming.

Meet Approval Info:	NJ Swimming Approval # - NJS-AP-110824-SCY Any changes of the meet information without the approval of the administrative chairman, age group chairman or senior chairman are a violation of the sanction. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.		
Date of Meet:	Friday November 8th through Sunday November 10 th , 2024		
Location:	Ocean County YMCA 1088 West Whitty Road Toms River, New Jersey 08755 Phone: (732) 341-9622		
Link To Facility Info:	Ocean County YMCA		
Host Team Contact:	Corey Matthews		coachcorey@ocytigersharks.org
Meet Director:	Just In Timing		nicolea@justintiming.com
Meet Referees:	Judy Sharkey		jmsharkey@aol.com
Admin Officials:	Just In Timing		justina@justintiming.com
Safety Marshalls:	Jen Bradshaw Corey Matthews		jlmaffucci@hotmail.com coachcorey@ocytigersharks.org
Entry Coordinator:	Just in Timing	732-779-6958	entries@justintiming.com
Entries Open:	Immediately		
Entry Deadline:	Friday, October 25th, 2024		
Swimmer Age	Age for this meet is as of November 8, 2024.		
Entry fees:	Individual entry fee: \$6 Individual distance entry fee: \$12 Relay event: \$12		
Entry Surcharges:	Athlete Surcharge \$25		
Meet Course:	Short Course Yards (SCY)		
Teams Invited:	YMCA Closed meet		
Meet Format:	<ul style="list-style-type: none">• This meet will be run as a timed final meet.• There will be 9-10, 11-12, 13-14, and Open Events.• There are time standards for only the 13 & Over 400IM & 500 Free events.• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.		
Entry Limits:	Daily: 3 Individual events 1 Relay event		Meet: 7 Individual events 2 Relay events
Checks Payable To:	Ocean County YMCA		
Email Entry Files To:	entries@justintiming.com		

Tentative Meet Schedule

***This schedule is tentative pending receipt of entries.
Depending on the entries, sessions may be combined or split.
The complete schedule with session warm-up and start times will be established when all entries have been received. This will be published on the meet section of the NJS website, meet website and e- mailed to the coaches of participating teams.***

Meet Schedule:

The building will open to swimmers 30 minutes before the beginning of each warm-up.

Friday, November 8, 2024		Warm-up	Start	End
Session 1	9-12 & 13/Over 1000 Free Girls/Boys Check-in sheets due by 5:30 pm	TBD	TBD	TBD
Saturday, November 9, 2024		Warm-up	Start	End
Session 2	9-12 Girls/Boys Check-in sheets due by 8:00 am	TBD	TBD	TBD
Session 3 (Distance)	13 & Over Girls/Boys 400 IM & 9-12 Girls 500Free Check-in sheets due by TBA	TBD	TBD	TBD
Session 4	13 & Over Girls/Boys Check-in sheets due by TBA	TBD	TBD	TBD
Sunday, November 10, 2024		Warm-up	Start	End
Session 5	9-12 Girls/Boys Check-in sheets due by 8:00 am	TBD	TBD	TBD
Session 6 (Distance)	13 & Over Girls/Boys 500 Free & 9-12 Boys 500 Free Check-in sheets due by TBA	TBD	TBD	TBD
Session 7	13 & Over Girls/Boys Check-in sheets due by TBA	TBD	TBD	TBD

Scoring:	There will be no team scoring.
Awards:	<ul style="list-style-type: none"> Medals will be awarded for 1st through 3rd place and ribbons for 4th through 6th place ONLY for 12 & Under events. Bag tags will be given to 13/Overs. 13/Over events will be swum together but separated for the 13-14 and 15-Over age-groups in the results.
Starts:	'Fly-over/Over-the-top' starts will be used during this meet.
Admissions and Programs:	<ul style="list-style-type: none"> No Admission, Swimmer surcharge of \$25 will cover admission fees. The event will be live streamed. Live Barn will be available. Sign up with Live Barn at www.livebarn.com. Enter venue promo code OCYS-WIMS for 10% OFF Pych Sheets and Heat Sheets are free on Meet Mobile
Concessions:	Refreshments will be offered.
Vendor:	A vendor will be available with swimming merchandise throughout the meet.
Distance Events:	<ul style="list-style-type: none"> 1000 Free events will be seeded fastest to slowest, alternating girls/boys. 400IM & 500 Free events will be seeded slowest to fastest, alternating girls/boys. 9-12 mixed 1000 Free will be limited to 2 heats, top 20 girls and boys combined. 13 Over Girls and Boys 1000 Free will alternate heats and will be limited to 12 heats, top 60 girls and top 60 boys. Swimmers will be responsible for providing timers and counters for 500 & 1000 free events and timers for 400 IM. We reserve the right to change to ten lanes for distance events.

	<ul style="list-style-type: none"> We reserve the right to limit the number of heats in the 1000 Free so the timeline for the meet is manageable. If we do limit any of these events we will contact the teams 1 week before the meet. There may be a limit of 5 heats in the 400 IM and 500 Free events as well as qualifying times for these events only. If we do limit any of these events we will contact the teams 1 week before the meet.
Internet Website Posting:	Internet location for all meet information: https://www.gomotionapp.com/team/njocy/page/home
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements
Directions:	https://maps.app.goo.gl/hHWiTjFq1SzS8Pnf9

Order of Events

Friday Distance Session 1 – 1000 Free Girls & Boys

Girls	Age Group and Event	Boys
#1	Mixed 9-12 1000 Free**	#2
#2	13/Over 1000 Free**	#3

****Swimmers must provide own timer & counter**

Saturday AM Session 2 – 9-12 Girls & Boys

Girls	Age Group and Event	Boys
#4	11-12 200 Med Relay	#5
#6	9-10 200 Med Relay	#7
#8	9-12 400 IM	#9
#10	9-10 100 IM	#11
#12	11-12 100 IM	#13
#14	9-10 50 Free	#15
#16	11-12 50 Free	#17
#18	9-10 100 Breast	#19
#20	11-12 100 Breast	#21
#22	9-10 50 Back	#23
#24	11-12 50 Back	#25
#26	9-12 200 Back	#27
#28	9-10 100 Fly	#29
#30	11-12 100 Fly	#31
#32	9-10 200 Free	#33
#34	11-12 200 Free	#35

Saturday Distance Session 3 – 400 IM

Girls	Age Group and Event	Boys
#36	Girls 9-12 500 Free**	--
#37 QT 5:55.99	13/Over 400 IM**	#38 QT 6:45.99

****400 IM swimmers must provide own timer**

****Swimmers in 500 Free must provide their own timers & counters**

Order of Events

Saturday PM Session 4 - 13 & Over Girls & Boys

Girls	Age Group and Event	Boys
#39	Open 200 Med Relay	#40
#41	13/Over 200 Free	#42
#43	13/Over 50 Free	#44
#45	13/Over 200 Breast	#46
#47	13/Over 100 Back	#48
#49	13/Over 100 Fly	#50

Sunday AM Session 5 - 9-12 Girls & Boys

Girls	Age Group and Event	Boys
#51	9-10 200 Free Relay	#52
#53	11-12 200 Free Relay	#54
#55	9-10 200 IM	#56
#57	11-12 200 IM	#58
#59	9-10 100 Free	#60
#61	11-12 100 Free	#62
#63	9-10 50 Fly	#64
#65	11-12 50 Fly	#66
#67	9-12 200 Fly	#68
#69	9-10 100 Back	#70
#71	11-12 100 Back	#72
#73	9-10 50 Breast	#74
#75	11-12 50 Breast	#76
#77	9-12 200 Breast	#78

Sunday Distance Session 6 - 500 Free

Girls	Age Group and Event	Boys
--	Boys 9-12 500 Free**	#79
#80 QT 6:35.99	13/Over 500 Free**	#81 QT 6:19.99

**500 Free swimmers must provide own timer & counter

Sunday PM Session 7 - 13 & Over

Girls	Age Group and Event	Boys
#82	Open 200 Free Relay	#83
#84	13/Over 200 IM	#85
#86	13/Over 100 Free	#87
#88	13/Over 200 Fly	#89
#90	13/Over 100 Breast	#91
#92	13/Over 200 Back	#93

NJS Information and Policies for USA Approved Meets for YMCA

Locker Rooms:	<ul style="list-style-type: none"> ● If only one locker room/restroom: If Athletes and Adults including Coaches & Officials must use the same facility, make sure you are not alone with an athlete in the locker room, including using the restroom. Be proactive and tell the meet director immediately if this happens, even when no fault of your own. ● If multiple facilities: There is a separate locker room/restroom for athletes only! All other adults including Coaches & Officials need to make sure that you are only using the facility marked for you.
Spectator Considerations:	<ul style="list-style-type: none"> ● As per USA Swimming Safe Sport Protocols, Parents or legal guardians will have access to their child and an opportunity to observe their child if the facility protocols allow for spectators.
Entry Info:	<ul style="list-style-type: none"> ● There will be no refunds after the meet has closed or after the entry deadline (whichever comes first) except for events that may be scratched from the meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming. Entries will be acknowledged within 48 hours of receipt. ● All entries will be accepted on a first come basis. ● Team entries will be considered accepted when the host club accepts the entries. ● Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule. ● Special Notice: Entry forms, verification forms, waiver release, and fees must be received no later than the first session of the meet where the team competes. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team.
Entry Times:	<ul style="list-style-type: none"> ● New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. ● Unless otherwise specified in the earlier Meet Course section, entry times should be for the course that the meet is going to be swum, with converted times being permitted.
Relays:	<ul style="list-style-type: none"> ● Relay scratches should be turned in at the required time noted by the meet director. ● Coaches must turn in relay cards listing correct swimmers' names and correct order prior to the start of the event.
Swimmer Eligibility:	<ul style="list-style-type: none"> ● Swimmers who are not a member of USA Swimming as provided in Article 302 may compete in this meet, however their results will not be entered into the USA swimming data base. ● Swimmers must be full privilege members of their respective YMCA. ● All transfer swimmer(s) must swim unattached for 60 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form. ● All swimmers 18 & Over at the meet start date must have met the USA Swimming Athlete Protection Training requirement. Failure to complete it will result in an athlete's inability to swim in this meet.
Check-In:	<ul style="list-style-type: none"> ● All check-in sheets must be turned into the scoring table before the start of each session. Check-in times will be noted on the check in sheets. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle. ● Failure to follow this procedure may result in the swimmer(s) being scratched from the session.

Adaptive Provisions:	USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's coach or guardians. NJ swimming will provide all swimmers with disabilities a chance to swim in events for which they have qualified (met the time standards of the meet).
Host Club Responsibilities:	<ul style="list-style-type: none"> ● The host club will help provide timers for the meet. ● The host club will e-mail entry verification back to the participating clubs. ● The host club will create a warm-up schedule that will be fair and equal to all teams. ● The host club will create timing assignments that are fair and equitable with as many teams participating as possible. ● Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs no later than 1 week before the meet.
Participating Club Responsibilities:	<ul style="list-style-type: none"> ● Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs 1 week prior to the meet. ● Participating club parents must stay off the pool deck except for timing assignments. Parent timers may not use phones/cameras while on the deck. ● Participating clubs should help with officiating whenever possible.
Coaches Conduct & Eligibility:	<ul style="list-style-type: none"> ● This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). ● Make sure all interactions with athletes are observable and interruptible, including any meetings you have in between races or sessions. ● As a reminder, coaches are not allowed to massage any athlete, even if you are a licensed massage therapist. This includes all massages, rubdowns, stretching, physical manipulation, injury rehabilitation, and the use of electronic or instrument assisted modalities such as stim treatment, dry needling, and cupping. ● All coaches "on the deck" must be currently registered coach members of USA Swimming. Verification can be in the form of a current USA Swimming membership card or Coaches Pass available through the USA swimming Deck Pass App. ● Coaches must show their USA swimming coaching credentials or Coaches Pass for entrance to facility. ● All Coaches must have some form of USA coaching credential verification with them at all times. ● All YMCA coaches are required to maintain current CPR Pro, First Aid, Coaches Safety Training (Safety Training for Swim Coaches or Lifeguard with successful completion of the Safety Training for Swim Coaches online course) and Principles of YMCA Competitive Swimming and Diving certifications. These are verified at the meet. ● All participating coaches must have completed the online YMCA coach registration for the current season.
Officials Conduct & Eligibility:	<ul style="list-style-type: none"> ● This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP 2.0). ● Make sure all interactions with athletes are observable and interruptible. ● Current USA Swimming and NJS Swimming certification or YMCA Swimming certification is required for all officials and the Meet Referee will check your credentials. ● Swimming officials from participating teams should contact the meet referee (see page 1) with the sessions when they are able to help. ● All officials must wear the standard white and blue uniform. ● Officials will be required to work the entire session and will receive free admission.

Meet Format Waiver:	<ul style="list-style-type: none"> • This meet will be run in accordance to current USA Swimming Rules. • The host club has the right to change the format of the meet with the approval of the Administrative vice chair and either the Age Group or Senior vice chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include: <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits or for facility safety concerns. • To condense the meet into smaller time frame. • Some of the changes that may be made: 1) add a session, 2) heat limit distance events 3) condense sessions, and 4) eliminate relays.
Warm-up Procedures:	<ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Teams will be assigned lanes according to the size of their entries, to achieve a fair and comparable warm-up for all swimmers. • Swimming Equipment is not allowed in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys. • All swimmers must enter the pool feet first from the starting end of the pool. • New Jersey Swimming officials and Meet Marshals will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction.
Results:	<ul style="list-style-type: none"> • Meet result files for TM will be emailed to all participating teams. • Meet results will be posted on the meet website and on the New Jersey Swimming Website: www.njswim.org
USA-S Racing Start Certification Statement:	Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Audio/Visual Recording Statement:	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.
USA-S Deck Change Policy Statement:	Deck changes are prohibited.
USA-S Drone Policy Statement:	Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
Minor Athlete Abuse Prevention Policy (MAAPP 2.0)	All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP 2.0"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.
Tech Suit/Swimwear Policy:	<p>Swimwear must conform to USA Swimming Rules.</p> <ul style="list-style-type: none"> • Rule 102.8. Only swimsuits complying with FINA swimsuit specification may be worn in any USA Swimming sanctioned or approved competition. "Tech suits" are not permitted at this meet for 12 & under swimmers. "Tech Suits" are defined, as suits that have bonded seams, kinetic tape, or meshed seams. A list of restricted suits can be found on the NJ Swimming Website; www.njswim.org. • Rule 102.8.1E explicitly bans the use of therapeutic elastic tape (eg: kinesio tape) on any part of the body. <p>Pursuant to USA Swimming Rule 205.10.1, it is permissible for a swimmer to wear a single set of garments underneath his or her competition swimsuit for modesty and/or other privacy reasons.</p>